

COMMUNICABLE DISEASE CONTROL

Guidance Notes

The information given in the following tables are meant to give advice to managers and supervisors in order control the spread of various infections that Council employees may encounter, to enable them to have a better understanding of the modes of spread, support individual employees and to advise on and manage absence appropriately.

The list is not definitive.

It is important to note the appropriate actions and not purely rely on the stay off/do not stay off columns.

Parents are often concerned, worried or frustrated when a child becomes ill and consideration must be given to this when responding to enquiries.

For further advice please contact the H&S Section on **01443 864865** or Occupational Health **01443 864375**

COMMUNICABLE DISEASE CONTROL

If I am ill

Do I need to stay off work if I have any of the following?

Condition	Stay off	Don't Stay Off	Action
<i>Measles</i>	✓		Notifiable disease. Infectious for 4-5 days after the rash appears. You are unlikely to get measles again, if you have had it in the past or if you have been vaccinated.
<i>Rubella</i> (<i>German measles</i>)	✓		Notifiable disease. Infectious for about 4-5 days after the rash appears. You are unlikely to get Rubella again, if you have had it in the past or if you have been vaccinated.
<i>Meningitis</i>	✓		Notifiable disease. Follow Public Health advice.
<i>Hepatitis A</i>	✓		Ensure good hygiene. Spread by faeces to mouth.
<i>Chickenpox</i>	✓		Infectious for about 5 days following the appearance of the pustules.
<i>Diarrhoea and/or Vomiting</i>	✓		If working in catering or food handling - For about 48 hours, or until bowel motions are normal
<i>Impetigo</i>	✓		Until treated with antibiotics and/or cream
<i>Scabies</i>	✓		Until Treated. The whole household will need treatment.
<i>Hand foot & mouth</i>	✓		Palms, soles and the inside of the mouth usually affected. <i>Nearly always affects only very young children only</i>
<i>Threadworm</i>	✓		Until treated. The whole household may require treatment.
<i>Tuberculosis</i>	✓		Notifiable disease. Until non infectious. Follow guidance of chest clinic and Public Health advice.
<i>Mumps</i>	✓		You can't 'Carry' mumps – you have to have mumps yourself to give it to anyone.
<i>Whooping cough</i>	✓		Notifiable disease.
<i>Shingles</i>	✓		Until blisters have burst and dried
<i>Influenza</i>	✓		Spread easily, by droplets from the nose and throat
<i>Hepatitis B/C</i>		✓	Unless unwell. Only spread through direct blood to blood and sexual contact

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If my child is ill

Do I need to stay off work if my child has any of the following?

Condition	Stay off	Don't Stay Off	Action
<i>Measles</i>		✓	<i>Notifiable disease</i> .You would have to have the disease yourself to infect anyone else
<i>Rubella</i> (<i>German measles</i>)		✓	<i>Notifiable disease</i> . You would have to have rubella yourself to infect anyone else.
<i>Meningitis</i>		✓	<i>Notifiable disease</i> . Follow Public Health advice.
<i>Hepatitis A</i>		✓	Ensure good hygiene. Spread by faeces to mouth.
<i>Chickenpox</i>		✓	If you are pregnant you should see your GP about having a blood test to see if you have had chicken pox in the past.
<i>Diarrhoea and/or Vomiting</i>		✓	Unless you have symptoms
<i>Impetigo</i>		✓	Ensure good hygiene. Do not share flannels or towels with anyone.
<i>Scabies</i>	✓		Until Treated. The whole household will need treatment.
<i>Hand foot & mouth</i>		✓	This usually affects only very young children only
<i>Threadworm</i>	✓		Until treated. The whole household may require treatment.
<i>Tuberculosis</i>		✓	<i>Notifiable disease</i> . Follow Public Health advice.
<i>Ringworm</i>		✓	Ensure good hygiene
<i>Mumps</i>		✓	You can't 'Carry' mumps – you have to have mumps yourself to give it to anyone.
<i>Whooping cough</i>		✓	<i>Notifiable disease</i> . You would have to have whooping cough yourself to pass it on to anyone else.
<i>Hepatitis B/C</i>		✓	Only spread through direct blood to blood and sexual contact